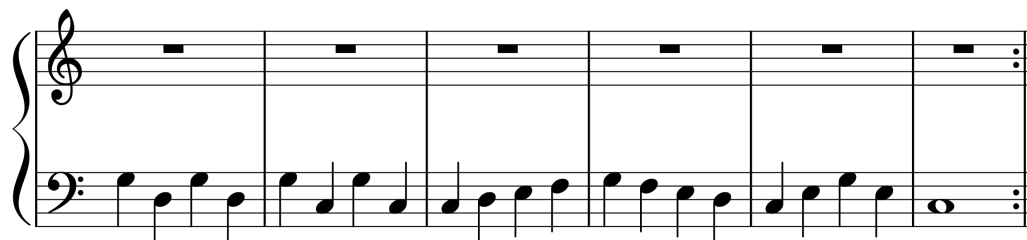
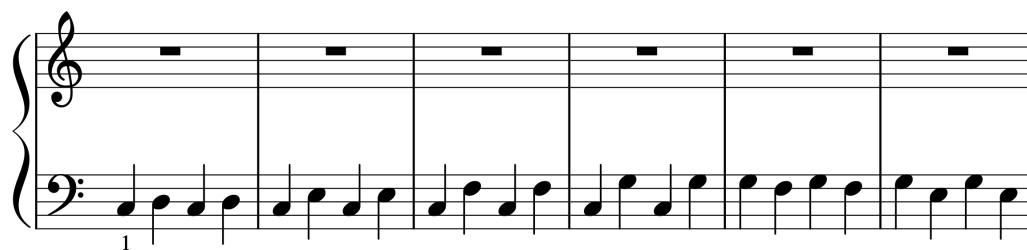
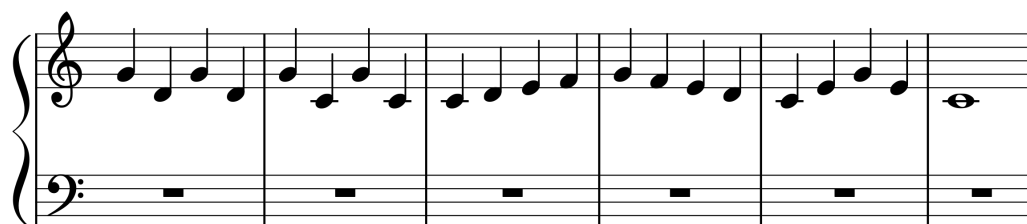
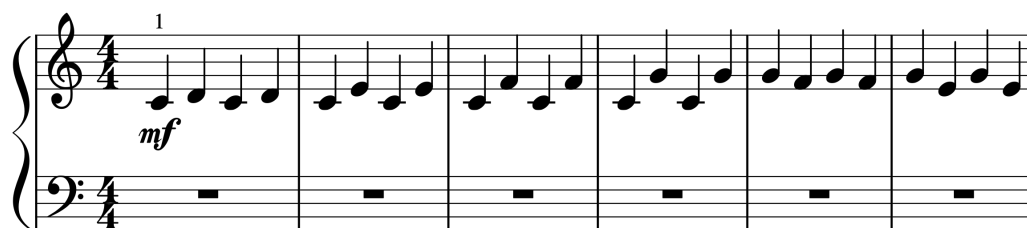


# Day 1

## Warm-up for Week 1



### 1<sup>st</sup> Star Objective

Say the correct note out loud before the answer is given.



### 2<sup>nd</sup> Star Objective

R.H. alone. Focus on perfect technique and note accuracy.



### 3<sup>rd</sup> Star Objective

L.H. alone. Focus on perfect technique and note accuracy.



### Challenge Objective

Metronome=90 bpm. With perfect technique, continuously increase the tempo 10bpm.